

2018 Four Courts Four Miler  
Race: 4 Miler  
**4 Miler Awards**

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<b>RANK</b>	<b>NAME</b>	<b>HOMETOWN</b>	<b>PR_DIV</b>	<b>AWARD TIME</b>	<b>PACE</b>	<b>BIB</b>
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**Male**

1	PAUL THISTLE	Capitol Heights, MD	M30-39	00:20:08.66	05:03	282
2	JERRY GREENLAW	Arlington, VA	M30-39	00:21:11.64	05:18	868
3	COLIN SMITH	Bethesda, MD	M20-29	00:21:23.01	05:21	223

**Female**

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<b>RANK</b>	<b>NAME</b>	<b>HOMETOWN</b>	<b>PR_DIV</b>	<b>AWARD TIME</b>	<b>PACE</b>	<b>BIB</b>
1	MOLLY RITTER	Arlington, VA	F30-39	00:25:03.62	06:16	577
2	AMY NICHOLS	Arlington, VA	F20-29	00:26:43.50	06:41	446
3	JENNIFER PELLEGRINI	Bethesda, MD	F40-49	00:28:03.19	07:01	607

### **M1-7**

1	ETHAN FUSSELL	Burke, VA	M1-7	00:43:34.60	10:54	812
2	JJ FROEMKE	Alexandria, VA	M1-7	00:45:56.63	11:30	761
3	NOAH SPENCER	Arlington, VA	M1-7	00:52:46.13	13:12	155

### **M8-10**

1	LEO WOODAHL	Springfield, VA	M8-10	00:42:04.80	10:32	992
2	JONAH PHILLIPS	Arlington, VA	M8-10	00:44:20.75	11:06	414

### **F8-10**

1	GRETA SKAGGS	Arlington, VA	F8-10	00:45:49.26	11:28	661
2	AERIN BERNSTEIN	Arlington, VA	F8-10	00:48:22.26	12:06	542

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3	VICTORIA SIMMERMAN	Arlington, VA	F8-10	00:51:13.97	12:49	810

### **M11-14**

1	TAYLIN SAVARINO	Arlington, VA	M11-14	00:32:30.09	08:08	423
2	WILLIAM HART	Arlington, VA	M11-14	00:36:18.17	09:05	411
3	JACOB PHILLIPS	Arlington, VA	M11-14	00:37:09.21	09:18	413

### **F11-14**

1	LILLY NEUBAUER	Arlington, VA	F11-14	00:35:01.06	08:46	582
2	ANNIE MULE	Alexandria, VA	F11-14	00:38:14.25	09:34	953
3	KAILEY LAMONT	Woodbridge, VA	F11-14	00:38:16.14	09:35	104

### **M15-19**

1	EVAN GOTCHEL	Stroudsburg, PA	M15-19	00:35:20.17	08:51	108
2	JAKE ALANSKY	Arlington, VA	M15-19	00:43:08.84	10:48	272
3	JEREMIAH MCBRIDE	Arlington, VA	M15-19	00:48:07.54	12:02	267

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**F15-19**

1	GABRIELLA HALE	Centreville, VA	F15-19	00:33:35.46	08:24	312
2	CLARISSA NOVAK	Stroudsburg, PA	F15-19	00:36:25.81	09:07	110
3	SERHENI'TE JOHNSON	Waldorf, MD	F15-19	00:46:47.20	11:42	576

**M20-29**

	GOLIN SMITH	Bethesda, MD	M20-29	00:21:23.01	05:21	223
1	JORDAN PSALTAKIS	Sterling, VA	M20-29	00:22:10.96	05:33	321
2	PAUL EPPLER	Arlington, VA	M20-29	00:23:51.59	05:58	306
3	PHIL CALLAS	Centreville, VA	M20-29	00:24:45.85	06:12	1030

**F20-29**

	AMY NICHOLS	Arlington, VA	F20-29	00:26:43.50	06:41	446
1	BRIANNA TOWNSEND	Johns Island, SC	F20-29	00:28:46.69	07:12	478
2	AMY JECKOVICH	Arlington, VA	F20-29	00:28:50.38	07:13	442

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3	JULIE PARENT	Arlington, VA	F20-29	00:29:49.49	07:28	427

### **M30-39**

	PAUL THISTLE	Capitol Heights, MD	M30-39	00:20:08.66	05:03	282
	JERRY GREENLAW	Arlington, VA	M30-39	00:21:11.64	05:18	868
1	MATTHEW KOTLARSKI	Arlington, VA	M30-39	00:21:46.15	05:27	165
2	JOE RUVIDO	Arlington, VA	M30-39	00:21:55.90	05:29	549
3	ERIK URIBE	Arlington, VA	M30-39	00:23:03.72	05:46	860

### **F30-39**

	MOLLY RITTER	Arlington, VA	F30-39	00:25:03.62	06:16	577
1	ELKE SOBIERAJ	Arlington, VA	F30-39	00:28:39.10	07:10	717
2	AMANDA FOSKETT	Washington, DC	F30-39	00:29:10.58	07:18	1078
3	JULIE WILLIAMS	Arlington, VA	F30-39	00:29:21.21	07:21	780

### **M40-49**

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1	CHRIS FARLEY	Virginia, US	M40-49	00:25:29.55	06:23	1178
2	DAVE CAHILL	Arlington, VA	M40-49	00:25:34.00	06:24	77
3	ANTHONY DRAKE	Arlington, VA	M40-49	00:26:13.12	06:34	872

### **F40-49**

	<del>JENNIFER PELLEGRINI</del>	<del>Bethesda, MD</del>	<del>F40-49</del>	<del>00:28:03.19</del>	<del>07:01</del>	<del>607</del>
1	YUKO WHITESTONE	Springfield, VA	F40-49	00:29:01.39	07:16	1086
2	KAREN CORTEZ	Springfield, VA	F40-49	00:31:45.15	07:57	981
3	JULIE DEBRULER	Lorton, VA	F40-49	00:31:50.48	07:58	855

### **M50-59**

1	MARK RUCKH	Arlington, VA	M50-59	00:27:05.74	06:47	836
2	DONALD WELLS	Alexandria, VA	M50-59	00:27:45.75	06:57	219
3	RICHARD LUSH III	Fairfax, VA	M50-59	00:31:13.70	07:49	986

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1	SUSHILA NANDA	Arlington, VA	F50-59	00:31:56.00	08:00	89
2	CHERYL LOGAN	Arlington, VA	F50-59	00:32:39.95	08:11	296
3	DEBORAH PFIRRMANN	Arlington, VA	F50-59	00:34:52.88	08:44	508

### **M60-69**

1	MARK GOTCHEL	Stroudsburg, PA	M60-69	00:32:03.52	08:01	107
2	JIM REED	Burke, VA	M60-69	00:32:08.49	08:03	341
3	ROB KENNEDY	Great Falls, VA	M60-69	00:32:59.09	08:15	364

### **F60-69**

1	DOROTHY WRIGHT	Dumfries, VA	F60-69	00:38:54.17	09:44	657
2	REGINA GOTCHEL	Stroudsburg, PA	F60-69	00:42:04.84	10:32	109
3	DIANE WHITE	Annandale, VA	F60-69	00:45:35.18	11:24	668

### **M70-79**

1	JOHN FINNEY JR.	Arlington, VA	M70-79	00:48:08.71	12:03	292
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2	TOM LAHOVSKI	Arlington, VA	M70-79	00:53:40.22	13:26	116

**F70-79**

1	MANDY WHALEN	Falls Church, VA	F70-79	00:50:29.46	12:38	743
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